

The background of the book cover is a photograph of a coastal landscape. In the foreground, there is a grassy area with several trees, including a prominent pine tree on the left and another on the right. The ground is covered with small pebbles. In the middle ground, there is a calm body of water, likely the sea. In the background, there are mountains under a clear blue sky. A large, faint, light-colored cross is superimposed over the center of the image, behind the trees and the water.

Michael Casey

THE ROAD  
TO ETERNAL  
LIFE

*Reflections on the  
Prologue of Benedict's Rule*