



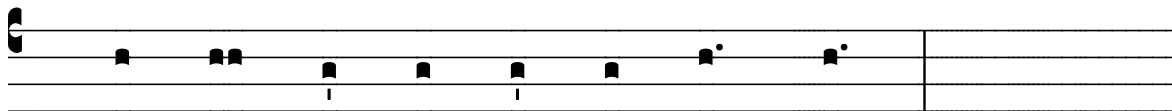
# THE OFFICE OF COMPLINE

with the  
CISTERCIAN MONKS

Tarrawarra Abbey

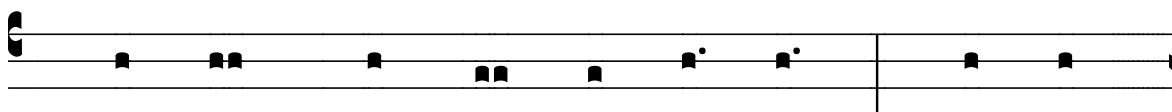
## Introduction

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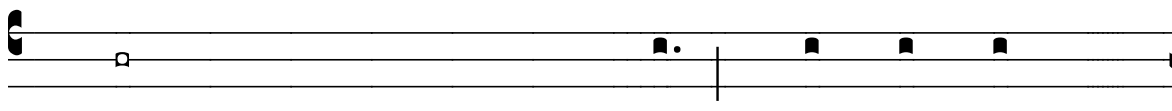


O God, come to my as - sis - tance.

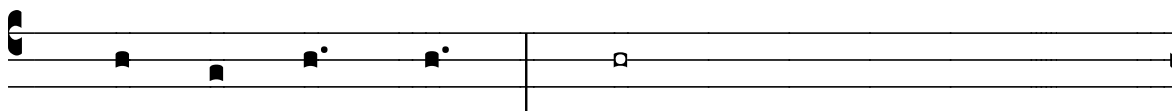
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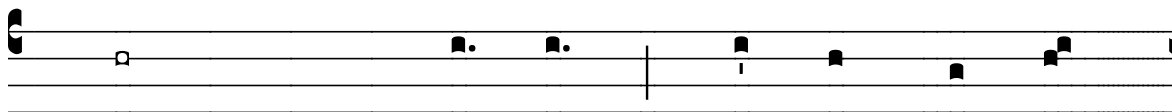
O Lord, make haste to help me. Glo - ry



be to the Father and to the Son, and to the



Ho - ly Spir - it. As it was in the beginning,

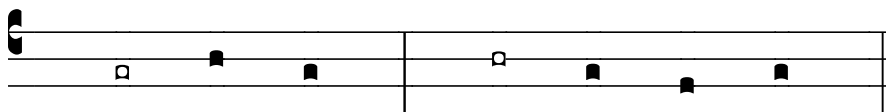


is now and ever shall be, world with - out end.



A - men.

## Psalm 4



**W**hen I call, answer me, O God of justice;  
from anguish you released me, have mercy and hear me!

You rebels, how long will your hearts be closed,  
will you love what is futile and seek what is false?

It is the Lord who grants favours to those who are merciful;  
the LORD hears me whenever I call.

Tremble; do not sin: ponder on your bed and be still.  
Make justice your sacrifice and trust in the LORD.

“What can bring us happiness?” many say.  
Lift up the light of your face on us, O LORD.

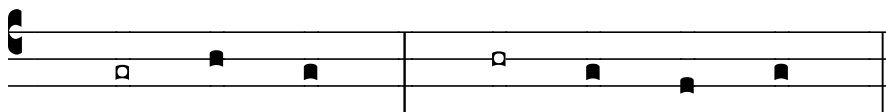
You have put into my heart a greater joy  
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once  
for you alone, LORD, make me dwell in safety.

Glory be to the Father and to the Son  
and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be,  
world without end. Amen.

## Psalm 91



**T**hose who dwell in the shelter of the Most High  
and abide in the shade of the Almighty

say to the LORD: "My refuge,  
my stronghold, my God in whom I trust!"

It is God who will free you from the snare  
of the fowler who seeks to destroy you;

God will conceal you with his pinions,  
and under his wings you will find refuge.

You will not fear the terror of the night  
nor the arrow that flies by day,

nor the plague that prowls in the darkness  
nor the scourge that lays waste at noon.

A thousand may fall at your side,  
ten thousand fall at your right,

you, it will never approach;  
God's faithfulness is buckler and shield.

Your eyes have only to look  
to see how the wicked are repaid,

you who have said: “LORD, my réfuge!”  
and have made the Most High your dwélling.

Upon you no evil shall fáll,  
no plague approach where you dwéll.

For you God has commanded the ángels,  
to keep you in all your wáys.

They shall bear you upon their hánds  
lest you strike your foot against a stóne.

On the lion and the viper you will tréad  
and trample the young lion and the drágon.

You set your love on me so I will sáve you;  
protect you for you know my náme.

When you call I shall answer: “I am wíth you,”  
I will save you in distress and give you glóry.

With length of days I will contént you;  
I shall let you see my saving pówer.

Glory be to the Father and to the Són  
and to the Holy Spírit.

As it was in the beginning, is now, and ever sháll be,  
world without end. Amén.

## Hymn

1. Now in the fading light of day,  
Maker of all to you we pray,  
That with your ever watchful love,  
You guard and keep us from above.
2. Help and defend us through the night,  
Danger and terror put to flight,  
Never let evil have its way,  
Preserve us for another day.
3. Father Almighty this be done,  
Through Jesus Christ our Lord your Son,  
Whom in the Spirit we adore,  
Who reigns with you forever more. Amen.

## Reading

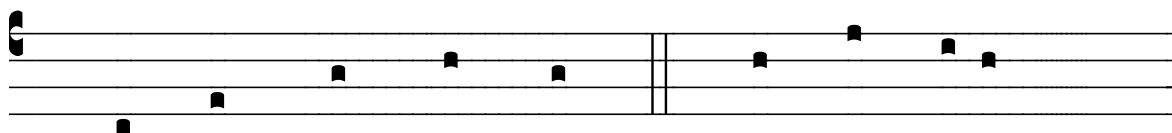
## Prayer

## Blessing

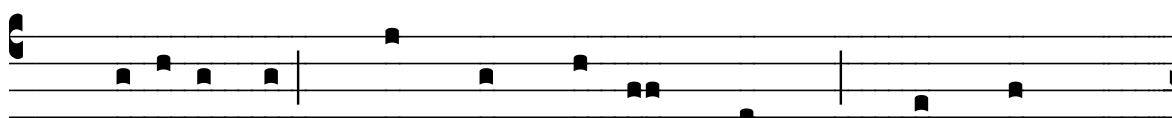
# Salve Regina

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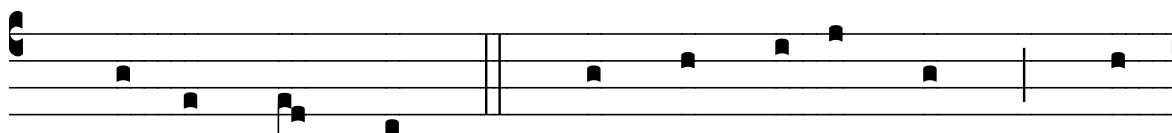
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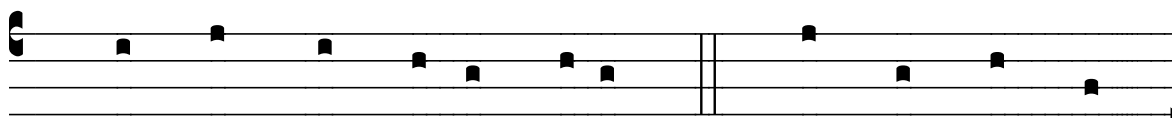
SALVE Re - gí - na. Ma - ter mise-



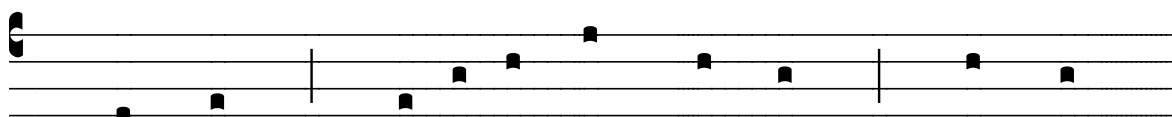
ricórdi - æ, vi - ta, dulcé - do, et spes



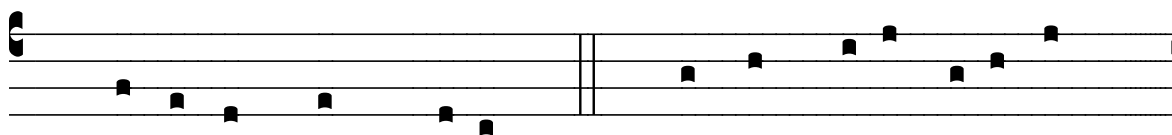
nostra sal - ve. Ad te clamá - mus é -



xu - les, fí - li - i Evæ. Ad te sus - pi -



rá - mus geméntes et flentes in hac



lacrymá - rum valle. E - ia ergo advocá -

